



# GRIEF SHARE<sup>®</sup>

Grief recovery support groups

This program features biblical centered teaching that focuses on grief topics associated with the death of a loved one. The DVD seminar features nationally respected grief experts and real-life stories of people, followed by a small group discussion. Many grieving people find they are only beginning the work of healing when friends or family have returned to their daily life routines. Your bereavement experience may be recent or not so recent. This is an opportunity be with people who understand what you are feeling. You will recognize symptoms of being stuck in grief and learn about facing a new normal in life and renewing your hope for the future.

**Morning and Evening Sessions of Grief Share  
will be offered at**

*St. Thomas More Catholic Student Parish*

421 Monroe St., Kalamazoo 49006

For more information or to register call the parish office at 269-381-8917



## GRIEF SHARE<sup>®</sup>

**EVENING  
GRIEF SHARE**

Thursday's

August 18 — November 10

from

6:30 - 8:30 pm

**MORNING  
GRIEF SHARE**

Friday's

August 19 — November 11

from

9:30 - 11:30 am